

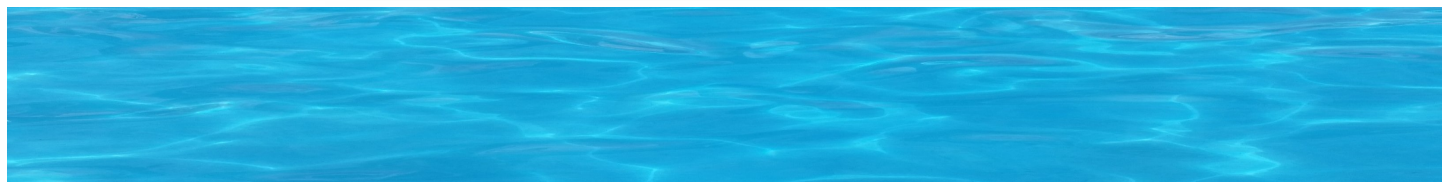


## Disability is not inability

### Presenting Our New Look...

We are proud to introduce our brand new logo designed by our wonderful Web/Media Officer, Noel Frarey. We feel it truly encapsulates what NASCH stands for and of course incorporates our wonderful achievement of 60 years this year.

We always enjoy hearing from our clubs so do please let us know what you think.



### NASCH Championship Gala

We are excited to announce the NASCH Championship Gala will be at Newbold Comyn Leisure Centre in Leamington Spa on Saturday 5th April from 12:30pm.

As a committee, NASCH have been considering whether to keep the date of future galas set as April or return to the original November date. We see ourselves working in partnership with our clubs and look forward to hearing your opinion as to which date is more preferable.



### Woodlarks 2025

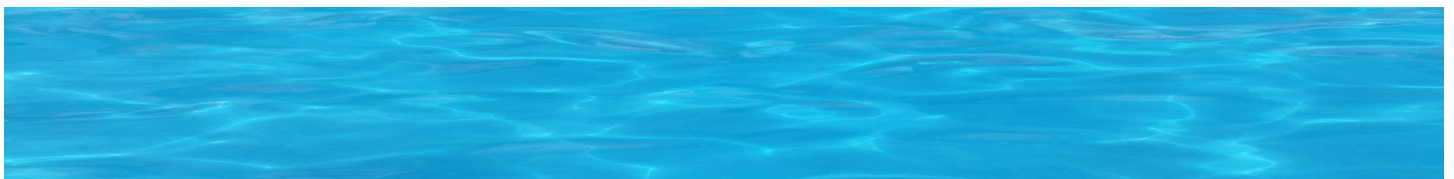
It's coming to that time of the year that we enjoy the wonderful peace and nature of Woodlarks. From 17th -24th May 2025 NASCH members will be able to enjoy different activities including use of the wonderful, heated outdoor swimming pool while enjoying friendships across different member clubs.

Please contact the NASCH office if you would like more details.



*"I don't need easy, I  
just need possible"*

*Bethany Hamilton*





### Water Skills Badges

I am pleased to announce that the Water Skills badges are now available. Should you wish to purchase any badges, please contact Lydia at the NASCH office. More information on the badges are also available in the NASCH Yearbook.

### NASCH Pin Badges—a Little Piece of History

We also have a number of NASCH pin badges that are available to purchase at a small cost. If you would like a little piece of NASCH history, please contact Lydia at the NASCH office for more information.



### NASCH Yearbook 2025

The NASCH Committee are preparing the 2025 Yearbook which will be available in time for the AGM in May. There are still copies of the 2024 Yearbook available should you wish to have a copy. These can be obtainable from the NASCH office.

### NASCH Products—WATCH THIS SPACE!

We are currently designing new personalised products such as t-shirts, water bottles and mugs and are very excited to share more with you in the next edition of NASCH News.

### Club News:

It is always lovely to hear news from our wonderful clubs throughout the country. If you would like to share Club news or what it means to be part of the NASCH community with members, please contact Lydia at the NASCH office.

***If you feel able to donate to NASCH please visit our website at:  
[www.naschswim.uk](http://www.naschswim.uk) or alternatively contact the NASCH office at  
[naschswim@hotmail.com](mailto:naschswim@hotmail.com).***



## Support us through



**Current Donations: £55.77**

Just by signing up with easyfundraising and turning your everyday online shopping into **FREE** donations for NASCH, you have helped us to raise over £50.00!!



If you have not already done so, you can still join up by finding the NASCH donation page at:

<https://www.easyfundraising.org.uk/causes/nasch>

or alternatively you can scan our QR code on the right:

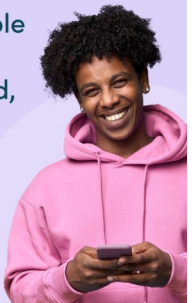


As well as raising money with everyday shopping you could also raise **BIG** donations including up to £150 for NASCH when you use easyfundraising to purchase insurance, your broadband & TV, upgrade your mobile phone or invest in your future with ISAs. Brands such as MoneySupermarket, BT Broadband, giffgaff, Foresters Friendly Society and many more will donate to us for **FREE!**



## Raise up to £150!

Big donations available when you purchase insurance, broadband, mobiles and ISAs.



Or are you thinking about a 2025 holiday?

TUI, Booking.com, Haven Holidays, Expedia, loveholidays & thousands more work with easyfundraising so NASCH can receive a free donation when you book your holiday! On average, we could get a £30 donation from a trip you are booking anyway!



## Over £1.2 million was raised through travel bookings last year!

What could you raise for us with your 2025 holiday?

