



Disability is not inability

NASCH News:

As you will be aware, we had to unfortunately postpone the NASCH Gala due to a low number of swimmers registered to attend and take part. However I promise to be in touch once a new date has been confirmed. Hopefully a little earlier in the year.

I want to take this opportunity to apologise again for any disappointment the gala postponement may have caused. It was definitely a decision the NASCH committee did not make easily. We very much look forward to seeing everyone again in the new year.

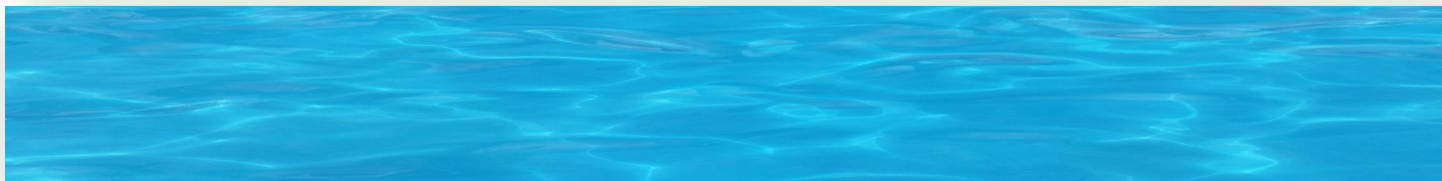
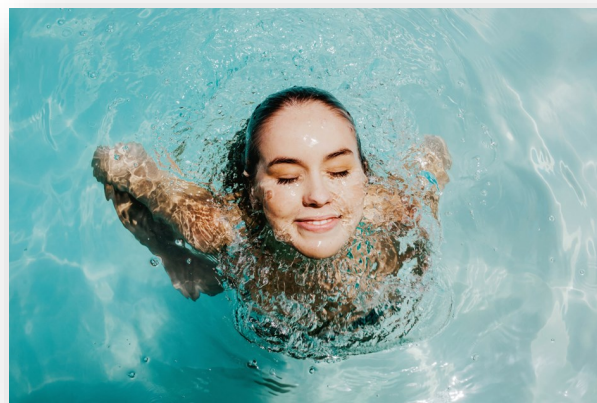


What to Expect From This Issue:

We have Eastleigh Disability Swimming club's claim to fame and some exciting news for NASCH planned for the new year.

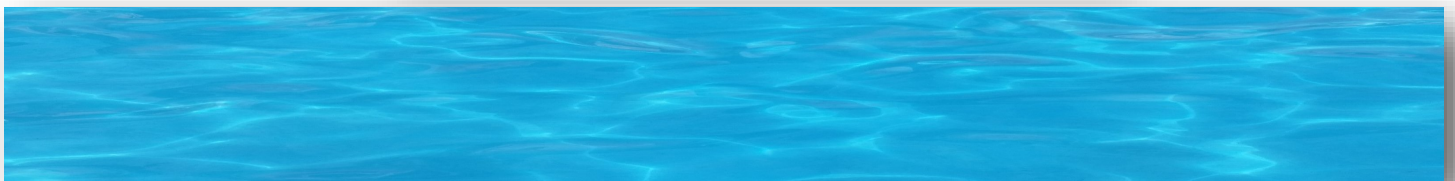
It is not too late to help raise donations for NASCH as you complete your Christmas shopping and details of how you can do this are also included in this newsletter.

We really can not do what we do without your support.



Eastleigh Disability Swimming : Our five minutes of fame !

Apart from our normal activities, such as swimming, a river boat trip and a ten pin bowling night, the highlight of our recent activities would be the visit from Radio Solent, our BBC local radio station. Katie Martin, a Solent presenter, was reporting on the smaller sports clubs and associations for an item during the Saturday evening sport programme. Coming along to one of our evening sessions, armed with a BBC microphone and a mobile phone, she interviewed a number of members. She was with us for nearly two hours, both during the informal "chat" session the members have before swimming, and time poolside. All this was edited down to a 5 minute slot on the programme, (including splashing noises!) transmitted late August, which was well received by members.



A Milestone for NASCH:

Can you believe that next year NASCH will be turning 60?!?!?

The NASCH committee are planning some very fun celebrations at Woodlarks and possibly at the gala next year. We are also looking to utilise this amazing milestone in raising awareness of NASCH's work and the issues faced by our wonderful members.

So do watch this space, more details will follow in the new year.



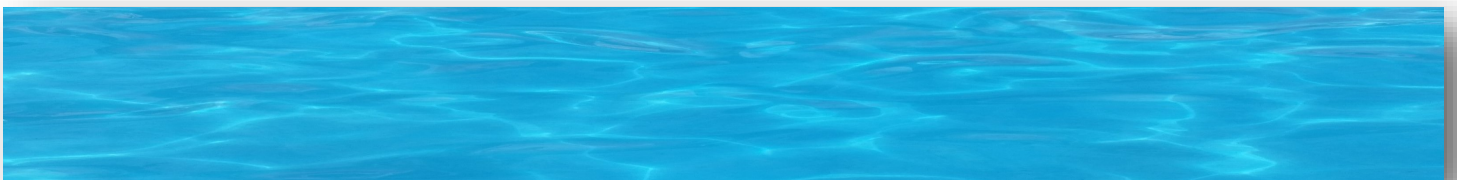
Club News:

It is always lovely to hear news from our wonderful clubs throughout the country. If you would like to share Club news or what it means to be part of the NASCH community with members, please contact Lydia at the NASCH office.

NASCH Merchandise:

I am pleased to announce that the Water Skills badges are now available. Should you wish to purchase any beginners award badges, please contact Lydia at the NASCH office. More information on the badges are also available in the NASCH Yearbook.

We also have a number of NASCH pin badges also available.



Christmas Fundraising:

Thank you so much to our fabulous supporters who are using easyfundraising to turn their online shopping into free donations for NASCH.

Current Donations: £46.63

It's still not too late to raise valuable donations for NASCH by joining Easyfundraising. You can find the NASCH donation page at:

<https://www.easyfundraising.org.uk/causes/nasch>

Or you can scan the QR code below if you find that easier:

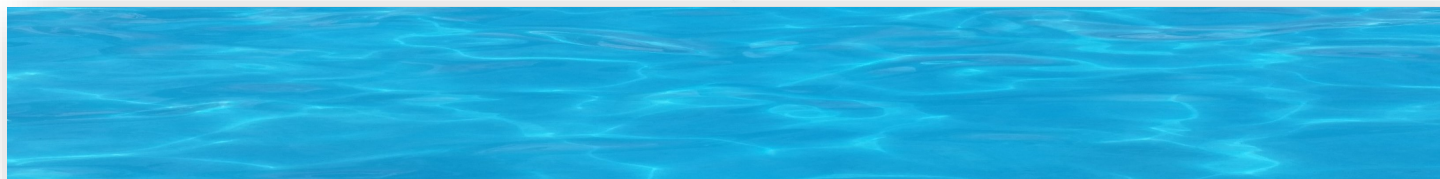


Over 7,500 brands including eBay, John Lewis & Partners, Argos and M&S will donate to NASCH for **FREE** when you use easyfundraising to shop with them. This means you can raise donations for us when you buy anything from decorations and festive food shopping to gifts like toys, jewellery, technology and more! A more substantial list of retailers supporting easyfundraising can be found by visiting:

<https://www.easyfundraising.org.uk/retailers/>

These donations really help us and all you have to do is use easyfundraising when you're ordering the things you'll be buying anyway. Help make the act of giving extend beyond what is under the Christmas tree this year.

*thank
you*



NASCH Yearbook 2024

We still have some copies of the 2024 NASCH Yearbook including reports from NASCH member clubs and committee members available. If you would like a copy, please contact Lydia at the NASCH office: naschswim@hotmail.com or 01329 833689.

If you feel able to donate to NASCH please visit our website at: www.naschswim.uk or alternatively contact the NASCH office at naschswim@hotmail.com.

On behalf of everyone at NASCH, I wish you all a very Happy Christmas and I look forward to seeing many of you in the New Year!

